



Nova Scotia
Retired
Teachers
Association
2019

Key Note Speaker

Dr. Keri- Leigh Cassidy
addressing "The Fountain
of Health Initiative for
Opti-mal Ageing



A WELLNESS
SYMPOSIUM FOR
APPROXIMATELY
SEVENTY (70)
MEMBERS FROM
THE TWENTY-
THREE (23)
BRANCHES
ACROSS THE
PROVINCE.



October 28, 2019
RTO Wellness
Symposium



RTO WELLNESS SYMPOSIUM 2019



**Margie MacNeil introduces
Speaker Heather deBertt Romily**



**Judy Toste introduces
Pam Gianfrancesco
Health Care Association**



Welcome to Delegates

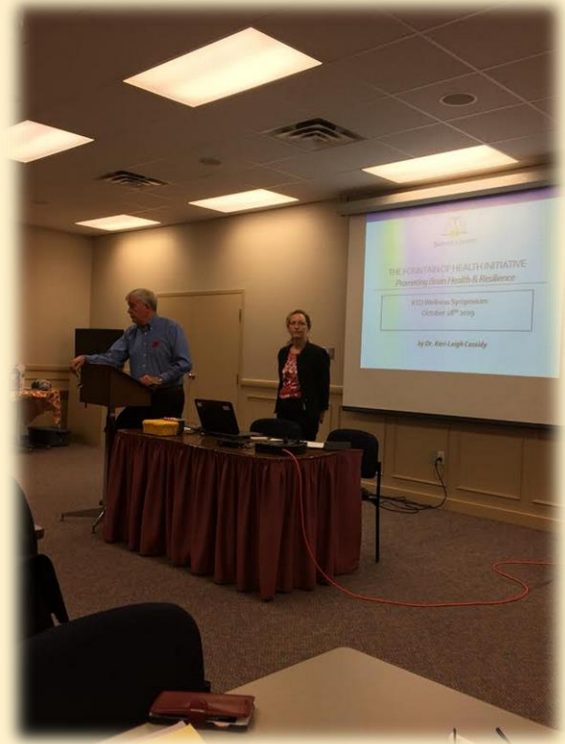


Welcome to Delegates

RTO WELLNESS SYMPOSIUM 2019



Phil Van Zoost

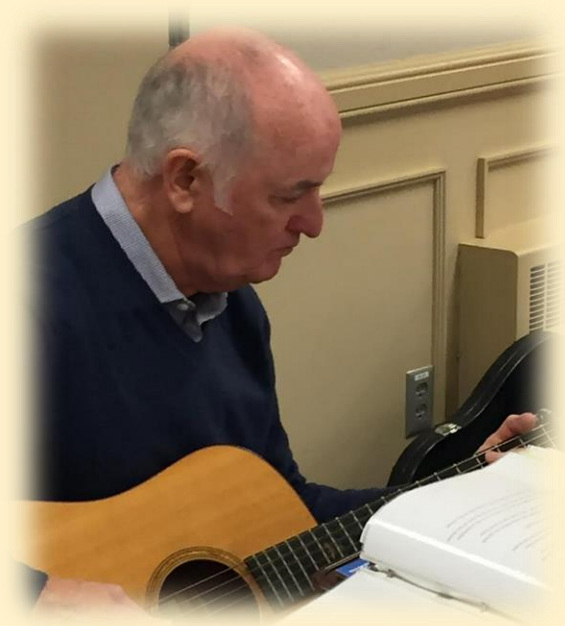


**Bill Berryman introducing:
Keynote Speaker Keri-Leigh
Cassidy**



Panel Discussion

**Seated: Chester Sabeen, Laureen
Murphy and Mickey Gouthro.
Standing: Margie MacNeil**



Mickey Gouthro

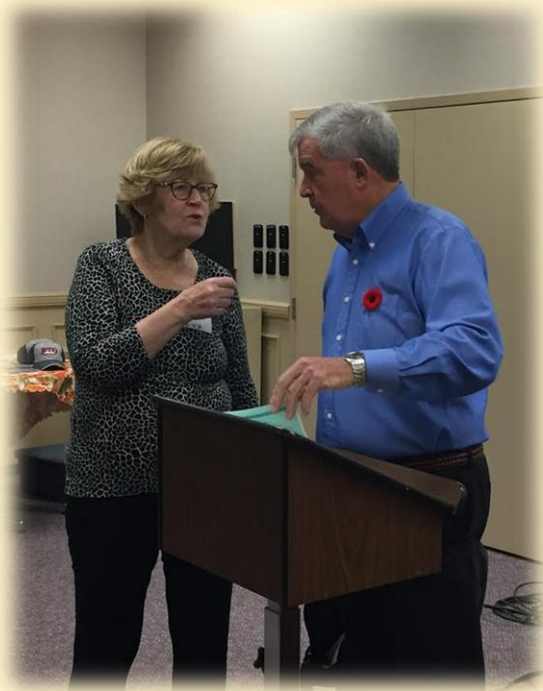
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Peter Lewis and Jim Harpell



Dynamic Wellness



Alyson Hillier and Bill Berryman



Delegates; Kathy Reimer and Ellen Boyd

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**WELLNESS SYMPOSIUM
COMMITTEE**

Seated: Margie MacNeil, Bonnie Mahaney and Marlene Boyd.

Standing: Linda MacNeil and Bob Hayter.

No Photo: Ambrose White



Seated Delegates

