

The RTO is the official body representing the retired teachers of Nova Scotia and will advance, promote and protect the welfare of its members



Special medical conditions

Medical Information Card

Sponsored by:
The Retired Teachers Organization
of Nova Scotia

rto.nstu.ca

List all medications you take, including non-prescription

Always carry this card and keep it current

Drug Name	Strength	when taken & How Often
Example: Vitamin C	200 mg	3 times a day, with meals
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