

CAREpath Programs Overview



CAREpath Health Care Navigation Program

For more information please contact us:

1-844-453-NSTU (6788)

www.carepath.ca

Your Wellness Partner

Answers • Guidance • Support



- Multiple levels of Mental Health Support to provide the right guidance at the right time leveraging internet, mobile phone, email, etc. to provide:
- initial assessment and navigation by a Mental Health Nurse or social worker
- access to psychiatric assessment and family physician consultation
- psychoeducation and coaching for self-management strategies
- a facilitated CBT program "Mind Zone" delivered by mobile application for iOS and android
- psychotherapy by Masters/PhD prepared social workers, Mental Health Nurses, and psychologists

Seniors' Care Assistance

Connect • Access • Care



- Connects members, immediate family, and parents to a Registered Nurse who specializes in senior care assistance
- Connects you to publicly funded resources and provides access to alternative ways to pay
- Provides access to services assisting in booking appointments, gathering medical records, completing forms, etc.
- Recommends care services such as nursing, personal, companionship, house cleaning, etc.

Cancer Assistance Program

Answers • Guidance • Support



- Members are connected with an Oncology Nurse who serves as the single point of contact who provide:
- in-depth assessment of treatment plans
- facilitation of access to diagnostic tests, treatments, and clinical trials
- thorough explanation of tests, treatments, and plan of care
- medical second opinions through partnership with Cleveland Clinic

HealthCareAssist

Individual Case Management



- A Nurse Case Manager provides a single point of contact, creates continuity of care and ensures patients receive the right treatment including:
- assessment of treatment plans to ensure consistency with medical best practice
- facilitate access to diagnostic tests, treatments, and clinical trials
- through Cleveland Clinic Canada, provides virtual doctor-to-doctor consults with the patient's local treating physicians after completing medical second opinions
- guides patients to alternate treatment locations in and outside Canada, when requested or required